

# Nose Creek Swim Association

*Dream it! Train it! Live it!*

## STEVEN BROWN MEMORIAL MEET 2024

June 21-23, 2024 *Technical & Safety Bulletin*



Meet Managers: Kerri Engler, Stephen Plosz, Alex Rawlyck, Erin Quiring

[meet.manager@ncsaswim.ca](mailto:meet.manager@ncsaswim.ca)

Entries: Kyoko Taylor

[entries@ncsaswim.ca](mailto:entries@ncsaswim.ca)

Official Coordinator: Margaret Palmer

Visiting clubs are encouraged to volunteer to officiate

[ncsa.official@ncsaswim.ca](mailto:ncsa.official@ncsaswim.ca)

Advisory Referee: Teresa Stauff

[tstauff@shaw.ca](mailto:tstauff@shaw.ca)

Sessions		Date	Warm up	Start
Session 1 (Timed Finals)	All Ages	Friday Jun 21, 2024	1:00 pm	1:45 pm
Session 2 (Timed Finals)	12 & under	Saturday June 22, 2024	8:00 am	8:45 am
Session 3 (Timed Finals)	13 & over	Saturday June 22, 2024	4:00 pm	4:30 pm
Session 4 (Timed Finals)	All Ages	Sunday June 23, 2024	12:30 pm	1:15 pm
A coaches meeting will be held at 12:20 on Sunday June 23, 2024.				

### Heat Sheet & Results

- Heat Sheets available for free on Meet Mobile and will also be posted on the NCSA Hosted Meets.
- Results available on Meet Mobile for subscribers within one hour after session completion.

### Swimmers, Coaches and Officials

- Spray Lakes Sawmills Centre Event guidelines are in effect during this meet.
- Access for swimmers and coaches into the pool deck area is permitted 15 minutes prior to the warmup start time .
- Access for meet officials is permitted 45 minutes prior to session start.

### General

- The referee may use an electronic whistle.
- Event participants are not permitted to use the hot tubs before, during or after the events.

# Nose Creek Swim Association

*Dream it! Train it! Live it!*

## STEVEN BROWN MEMORIAL MEET 2024

June 21-23, 2024 *Technical & Safety Bulletin*



- Athletes/participants are not permitted to change their clothing in the activity areas.
- Please do not bring any glassware into the activity areas, including onto the pool deck. All beverages should be in a sealed, spill proof container.
- **Please remind swimmers' family members, parents/guardians are not permitted on the pool deck for safety reasons, except if they are officiating.**

### Warm Up and Cool Down

- Warm Up:
  - Lane 1 & 8, one way will be diving lanes.
  - Lane 7, one way will be setting up backstroke ledges during the last 20 minutes warmup time and will be one way swim.
  - There will not be any lanes available for warm up or cool down once the meet has started

### Scratches

- **The Swim Alberta Scratch Rule will be in effect for this competition.**
- Late Scratch Deadline 30 minutes prior to the start of the session
- Deck Entries WILL NOT BE PERMITTED
- Official Split Deadline 30 minutes prior to the start of the session
- To make the meet run more efficiently any last minute scratches would be appreciated until Thursday June 20, 2024 by Noon. Please notify us by email, [entries@ncsaswim.ca](mailto:entries@ncsaswim.ca)

### Swimmer Information

- Inform Meet Management and the Advisory Referee of all PARA swimmers from your club at the start of each session and discuss if your swimmer(s) will require special attention or assistance on deck, including at the starting blocks.
- Inform the Session Referee of any swimmers from your club that have medical taping and an accompanying doctor's note of any kind.
- If your swimmer(s) have to withdraw from the meet, at any time, as a result of a medical condition, etc., please notify the meet manager and advisory referee, ASAP.

### Prizes - Bell Ringer & Medals

- Heats will be randomly chosen during sessions 1, 2, 3 and 4. At the beginning of that heat a bell will ring to indicate it is a prize heat. Swimmers winning that heat will receive a prize. Winners will be announced during the swim meet and are asked to collect their prize from the prize table.
- All medals must be collected by the coach(es) at the conclusion of the Competition.

# **Nose Creek Swim Association**

*Dream it! Train it! Live it!*

## **STEVEN BROWN MEMORIAL MEET 2024**

June 21-23, 2024 *Technical & Safety Bulletin*



### **Response for Sick Individuals:**

- If swimmers begin to feel sick during the competition, their coach will notify the swimmer's parent(s)/guardian(s) to pick them up. A swimmer will be isolated from all event participants while awaiting pickup, and will be asked to wear the mask until their parents pick up. Parents/guardians must pick their child up within an hour.